



HEALTH, SAFETY,
& ENVIRONMENTAL



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Finish Strong. Finish Safe.

As we enter the last quarter of the year, it's easy to become focused on schedules, deadlines, getting the job done, holidays, and time away from work. It's also a time when complacency can quietly creep in. Tasks we've performed hundreds of times can begin to feel routine, causing us to operate on "autopilot" instead of staying fully engaged.

Remember what's waiting for you at home.

Before starting a task, ask yourself:

- *Who is counting on me to make it home safely?*

Take a moment to think about how today's decisions will look when you're sitting at the dinner table tonight.

For most of us, safety isn't just about following procedures. It's about making it home to our families, friends, and the people who depend on us. Every safe decision helps us ensure that happens.

Most incidents don't happen because people intended to take a risk. They happen when we become comfortable, distracted, or assume someone else has already addressed the hazard. A brief pause, a conversation, or a question can be the difference between an uneventful shift and a life-changing incident.

One of the simplest ways to stay engaged and protect ourselves and our teammates is by putting **L.I.F.E.** into action every day:

L – Look for hazards before and during the job.

I – Intervene when a hazard is identified. Don't assume someone else will address it.

F – Facilitate a conversation with your crew about the hazard and the best ways to eliminate or mitigate the risk.

E – Eliminate the hazard whenever possible or implement effective controls before proceeding.

L.I.F.E. isn't another step in the process. It's taking the time to notice the hazards, talk about them, and address them before someone gets hurt. It's a commitment to looking out for yourself and your teammates. A brief conversation today could prevent an injury tomorrow. The crews that perform the best never ignore hazards. They stop, discuss them, and address them before moving forward.

As we close out the year:

- Stay engaged and avoid operating on autopilot.
- Complete quality hazard assessments.
- Stop and reassess when conditions change.
- Use Stop Work Authority when something doesn't look or feel right.
- Use Start Work Authority and have a Safe to Start conversation before beginning or resuming a task.
- Speak up and look out for one another.
- Put L.I.F.E. into action every day.

No deadline, schedule, holiday, or production target is more important than getting everyone home safely.

Let's finish the year strong by staying engaged, using L.I.F.E., looking out for one another and making the choices that ensure everyone goes home safely at the end of every shift.

Remember:

The person most responsible for getting you home safely tonight is the person you see in the mirror every morning.

Take a moment before every task. Someone is counting on the decisions you make today.

Proper use of the **GIS LIFE Processes** can help to create a **FAIL-SAFE** Work Environment

SAFETY ALERT

