



HEALTH, SAFETY,
& ENVIRONMENTAL



SAFETY ALERT

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Experience, Pressure, and Preventing Regret

“Youth is a blunder; Manhood is a struggle; Old Age a regret” – *Benjamin Disraeli*

This quote isn't about age, it's about how people think and act at different stages. In our line of work, that mindset can directly affect safety outcomes.

Why this quote, and how does it apply to us while working?

“Youth is a blunder”

- New or less experienced workers may take shortcuts, feel pressure to prove themselves, or not speak up.
 - Mistakes often come from inexperience, overconfidence, or not fully understanding the hazard.
- We've all seen it, someone rushing, skipping steps, or assuming “I've got this”.

“Manhood is a struggle”

- Experienced workers carry production pressure, deadlines, and responsibilities.
 - The real challenge is balancing getting the job done with doing it safely.
- This is where most incidents happen, not because people don't know better, but because they push through pressure. No job is worth the risk. No task is more important than going home safe.

“Old age a regret”

After an incident, the regret is real:

- “I should've stopped,”
- “I knew better,”
- “I saw it but didn't say anything”

In safety, regret usually means someone got hurt, and that regret doesn't go away.

Mistakes happen. Pressure is real. But regret is preventable.

We don't want anyone going home thinking: “I should've done something different.”

L.I.F.E. in Action

Following **LIFE** isn't just about compliance, it's about how we look out for each other every day.

- **Looking:** Staying alert to hazards
- **Intervening:** Speak up and stop work when unsafe conditions are observed
- **Facilitating:** Talk through the hazards with coworkers and ensure proper controls are in place
- **Eliminating:** Remove or reduce hazards to lower risk.

If we consistently apply **LIFE** in our daily work, we don't just reduce incidents, we improve the quality of our lives and the lives of our coworkers in the long run.

Key Takeaway

Every stage comes with risk:

- Inexperience
- Pressure
- Complacency

The goal is to **recognize it, own it**, and **act** before it turns into an incident.

At the end of the day, the goal isn't just getting the job done...It's making sure we all go home with no injuries, no regrets, and no “I should've said something” moments.

Final Reminder

We never sacrifice Safety or Quality for production.

Proper use of the **GIS LIFE Processes** can help to create a **FAIL-SAFE** Work Environment

