



HEALTH, SAFETY,  
& ENVIRONMENTAL



Alert #: SA 08-26

Date: February 9, 2026

## 20/20/20 Observation



**Injury prevention starts with awareness.** One of the simplest and most effective tools we can use in the field is the **20/20/20 observation**.

A **20/20/20 Observation** means:

- Every **20 minutes**
- Take **20 seconds**
- To look **20 feet** around your work area

*This short, intentional pause helps break task autopilot and allows you to recognize hazards before they lead to injuries or incidents.*

**What to look for during a 20/20/20 observation:**

- Line-of-fire exposures
- Slip, trip, or fall hazards
- Stored energy (pressure, gravity, electrical, mechanical)
- Tool or equipment condition
- Proper PPE use and condition
- Body positioning and ergonomics
- Changes in weather, lightning, or work conditions
- Other personnel entering your work area (**SIMOPS**)

**How 20/20/20 observations help prevent injuries**

- Reinforces situational awareness throughout the task
- Identifies hazards that may develop after work has started
- Encourages real-time corrections instead of reactive responses
- Supports stronger JSEA execution and Stop Work Authority

**When to apply the 20/20/20:**

- Before and after the start of work
- During extended or repetitive tasks
- After breaks or interruptions
- When work scope or conditions change
- Anytime something doesn't feel right



Remember: **Conditions change, hazards evolve, and complacency creeps in.** Taking 20 seconds every 20 minutes to scan 20 feet around you can prevent a minor issue from becoming a serious injury.

If a hazard is identified, **stop work, if necessary, communicate with your supervisor and crew, review and update the JSEA, and correct the condition before resuming work.**

Proper use of the **GIS LIFE Processes** can help to create a **FAIL-SAFE** Work Environment.



# SAFETY ALERT