

HEALTH SAFETY ENVIRONMENTAL



Alert #: SA 04 - 22 **Date:** 02/28/22

Incident During Manual Lifting

As things start to warm up again, we need to remember that teamwork is important in everything we do. Even routine tasks need to be assessed and mitigated as needed. Last week, we had a crew removing the sea water lift pump and staging pipes on an offshore facility. They were utilizing pallets to space piping prior to adding a second row. After a few employees hopped into the basket to set the pallets, our employee handed the pallets to them from outside and felt a pop in his arm.

After review of the incident, the primary root cause was that manual lifting of the pallets into the basket was not recognized as a hazard at all. Even though this was thought of a very "routine", this is the step that hurt the employee.

The recommended actions in this case is to obviously ensure proper body positioning when handling awkward sized/shaped objects. Also, always consider additional help when lifting awkward sized/shaped objects. There is no doubt that many of us can lift a pallet and move it at any time during out day. With that said, when we attempt to do that did we consider everything else we did that day so far? Are we physically in shape to continually move things around without being fatigued?

During this time of year we always see an uptick in soft tissue injuries and muscle strains/pulls. As the temperature increases we always need to factor in fatigue to these routine tasks. Please be aware and make sure all of your coworkers ask for assistance if needed.

If you have any questions or concerns, please feel free to reach out to the Corporate HSE department at any time.



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Report all incidents immediately to the GIS Hotline 1-855-543-5163.