



H S E

HEALTH SAFETY ENVIRONMENTAL



Alert #: SA 03 - 22

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Complacency

All,

Our Health, Safety and Environmental Department has seen a significant increase in incidents occurring within the past two weeks. While we enter the beginning of the spring months and in some areas another holiday season such as Mardi Gras, GIS would like to encourage everyone to remain focused on the task at hand.

Complacency in the workplace is when you become so secure in your work that you take potentially dangerous shortcuts in your tasks, don't perform to the same quality as you once did or become unaware of deficiencies or hazards.

It is important to recognize the signs of complacency so that you can address and change your behavior before an incident takes place. Some signs of complacency include disengagement, lack of investment or passion in your work, shortcuts, frequent mistakes and neglecting tasks or showing carelessness.

GIS would like to encourage everyone to take a moment to evaluate your mental and physical state. If you find yourself or one of your co-workers losing focus while performing his or her job duties, please use your **Stop Work Authority** and take a **"Time Out"** to refocus and re-evaluate the job.

Remember these steps to help curb complacency:

- ✓ Share the Mission – Remember everyone has an important role to play and everyone's safety is critical to the mission of our company.
- ✓ Avoid Routines – Repetition can be related to complacency, if possible, change up some of the task required to add variety and awareness to the job.
- ✓ Encourage Observation – Briefly stop work and observe the actions of others and your surroundings. Using the 20-20-20 rule can help, every 20 minutes, reevaluate your surroundings within 20 feet for 20 seconds.

Report all incidents immediately to the GIS Hotline 1-844-280-1991.



SAFETY ALERT