Form	Number	Issue Date 10/07/08 Revision Date 06/15/23			Form Number			
	CF-024	Fall Rescue Plan				LLCF-024		
			T 4' .					
	Date: Location							
Custome	er:		Superviso	or				
Overvi	iew Of Job:							
0		Check Off List						
Quantity		nent Needed	Inspected By	Assigned To	Emergency Col	ntact In Case Of Fal		
		amps (For Fall						
		otection)						
	Ca	rabineers						
	Crane –	Forward or Aft						
	D Ring Strap			De	signated Standby	Personnel		
	Fall Retri	eval Equipment						
	Full B	ody Harness						
	Horizo	ntal Life Line						
]	Ladder						
	PFD's (w	// lights if dark)						
	Self Retracti	ing Lanyard (SRL)						
	Alternative	e Rescue Method		Location/Num	uber of Nearest Co	mmunication Syste		
		Spider						
	Alternativ	ve Cutting Tools						
	SRL w	/ Hand Crank						
	Vertic	al Life Lines						
Step #	<u>_</u>	DETA	LIED STEPS OF R	ESCUE PLAN		ASSIGNED T		
1	Initial staging	Initial staging and setup of rescue equipment.						
2		etermine the extent of any injury to fallen worker.						
3		Locate & select an anchor point as directly over the fallen worker as possible.						
4		elect & attach the anchor connector to anchor point.						
5		Select & attach the top of the rescue block & tackle to the anchor connector.						
6		Attach the pole adapter to the end of the recovery pole.						
7		Attach the remote hook to the pole adapter.						
8		Attach the bottom of the rescue block & tackle to the anchor connector.						
9		Lower the remote hook to the fallen workers D-Ring. Once engaged pull in an upward motion to lock the remote						
10	Begin to raise fallen worker by pulling on the free-end of the rope on the rescue block & tackle.							
11		Once the fallen worker can be physically reached, tie the free-end of the rope to the nearest structure.						
12	Pull the fallen worker to safety.							
13	Asses the falle	Asses the fallen workers injury.						
14	Provide appropriate First Aid measures including the possibility of placing the falling worker onto a spine board to prevent further injury & to prepare for transport. (Remember: Suspension Trauma: Slowly straighten legs)							
15		ne fallen worker to the a		•				

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LLCF-024			LLCF-024						
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Diagram of Fall Protection/Fall Rescue (Optional)									
NOTE: When	n job is complete the Rescue & Fall Protec Crew Member		properly stored.						
1	11								
2	12								
3	13								
4	14								
5	15								
6	16	5							
7	17	,							
8	18	3							
9	19)							
10	20)							